



ISLAND HEALTH  
FOUNDATION

# Gratitude Report

## **Our Mission:**

To raise funds to support Island Health and its commitment to community health.

# A Message From Our President

On behalf of the Board of Directors of Island Health Foundation, I want to thank the many individuals and businesses who helped us raise over \$2.9M in 2024. Through the generosity of our donors, we've made a remarkable difference in the health and wellbeing of our community—adding new life-saving and diagnostic technology, sustaining critical health programs in our community and our schools, growing service lines and completing the Emergency Services Project. **Together we have impacted nearly every department at Island Health.**

Excellence in healthcare happens to be a passion of mine. I believe that our most valuable asset is our health; as an individual, a family and as a community. **We are incredibly privileged here in Anacortes to have access to Island Health, recognized among the top 8% of hospitals in the nation.** There are so many advantages to having our own hospital, including better health outcomes when care is received locally, access to health initiatives specific to our community needs, economic benefits (Island Health is the largest employer in Anacortes), community partnerships and healthcare workforce development. I've surveyed some of our providers on how they avoid professional burn-out, and they tell me it's because they are caring for loved ones, friends and neighbors in their own community. And, I do feel that my Island Health provider truly cares about my health and wellness goals.



Like many hospitals, our small public hospital faces unavoidable financial challenges imposed by government regulatory laws, which are responsible for financial gaps between the cost to run the hospital and the income received from government payers. This reality means that **our hospital is not sustainable without support from our donors.** There is no single silver bullet that addresses these financial challenges. The Foundation, however, is meeting the future head on, with big goals for 2025.

I'm honored to work alongside an **extraordinary and dedicated Board of Directors** (meet our incredible team, including new directors, Dave Harris, Brent Lindquist and Marla Mellies, and new emeritus members Troy Kunz and Bill Rabel in this report). I'm also looking forward to meeting more of our donors in person at this year's *Gala of Hope* on Saturday, April 26th.

Again, we are incredibly grateful to all of you and we hope that you will continue to partner with us as we work together to make the most of the year ahead, to support Island Health and sustain a healthier community.

**Daryl Hicks**

President, Island Health Foundation Board of Directors

Total Amount Raised In 2024

# \$2,945,755

We gratefully acknowledge all the individuals, foundations, organizations and businesses who donated to the Island Health Foundation in 2024. Thank you for making it possible for us to fulfill our mission and commitment to the health and wellbeing of our community.



“

We would not be able to provide top quality healthcare close to home without the support of our incredible Island Health Foundation and donors.

”

Elise Cutter, Island Health CEO and Donor



“

As I get older, I feel reassured knowing I don't have to leave my community to get the very best care. This is why I support the Island Health Foundation.

”

Erin Meissner, Grateful Patient and Donor

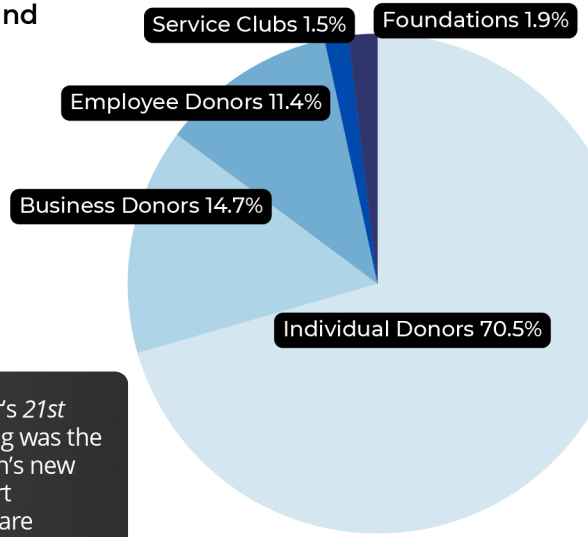
# What We Do



For the past 47 years, Island Health Foundation has been a critical partner in funding important services, programs and new technology at Island Health. Below are some of the ways we raise these funds:

- Gifts from individuals including employees and grateful patients
- Grants from foundations and local service clubs
- Legacy gifts through wills and trusts
- Events including our annual *Gala of Hope*
- Community Care Partners, including *Gala of Hope* sponsors

### IHF Donation Income Streams



## 2024 Gala of Hope

Thank you for helping us realize *Our Wildest Dreams!* Last year's 21st Annual Gala of Hope raised \$473,968! A highlight of the evening was the "Heartstrings" Raise the Paddle which supported Island Health's new pulmonology department and raised funds for state-of-the-art equipment to enhance pulmonology care close to home. We are deeply grateful to everyone who contributed to making the 2024 Gala of Hope a tremendous success!

## Excellent Care Inspires a Legacy of Generosity



Arleta Rae Allen's commitment to community healthcare inspired her decision in 2004 to name the Island Health Foundation as a beneficiary in her will and trust. This generous bequest came six years before Island Health saved her life in 2010. Reflecting on that time, Arleta shared, "I had a stroke in 2010. I was taken by ambulance to Island Health, got the 'clot blocker' shot, and then was whisked to Swedish by helicopter. That Island Hospital ER doctor saved my life. She remains a marvel in my eyes." She added, "I learned what it is to belong to a small, rural hospital community, where one gets a true feeling about the hospital, the way it runs and its providers."

Arleta's connection to Island Health began in 1994, during her first up-close encounter when a dear friend was hospitalized there. Later, through the numerous hospitalizations of her partner and love, Don Finsen, Arleta's bond with Island Hospital deepened. "We grew to love everyone from the cleaning crew to docs and nurses, and knew most of them by name. In between these experiences, I had my stroke. Island Hospital was there for us all."

Hoping her generosity would inspire others, Arleta also once said, "Get out your pocketbook and write a check, or plan for some other way to feed this vital resource. From birthing through end of life and everything in between, Island Hospital is here for us. Let's keep it that way!"

Arleta's passing marks the loss of a beloved advocate and friend. But, her legacy support and unwavering belief in the importance of accessible, quality healthcare will continue to inspire.

Remembering the late **Arleta Rae Allen** who once said, "Like any beautiful and growing organism, our hospital needs nurturing and support."

There are many ways you can leave a legacy gift and, like Arleta, support our community's health and wellbeing. Learn more by contacting Marta McClintock at 360.299.4247 or [marta.mcclintock@islandhospital.org](mailto:marta.mcclintock@islandhospital.org).

Thank you to the following businesses who have already committed their support as Community Care Partners for 2025.



If your business is interested in becoming a Community Care Partner, please contact the Foundation or scan the QR code to learn more.

**THANK YOU** to the individuals, businesses, foundations, and organizations whose generous support fuels our mission. Your contributions make it possible for us to fulfill our commitment to keeping quality healthcare close to home. Together, we are building a healthier, stronger community.

**\$2,931,256**  
TOTAL Grants and Distributions to Island Health in 2024

**49**  
Purchases of Equipment and New Technology

**16**  
Iversen Scholarships Awarded

**46,447**  
Patients Impacted in 2024

*With special thanks to The M.J. Murdock Trust for a major grant to the Emergency Services Project.*

Above: Marathon Petroleum, a longtime supporter of Island Health Foundation and a major donor to our Emergency Services project.

### Support for Anacortes Community Paramedicine Program

**Steve Monrad, Community Paramedic**

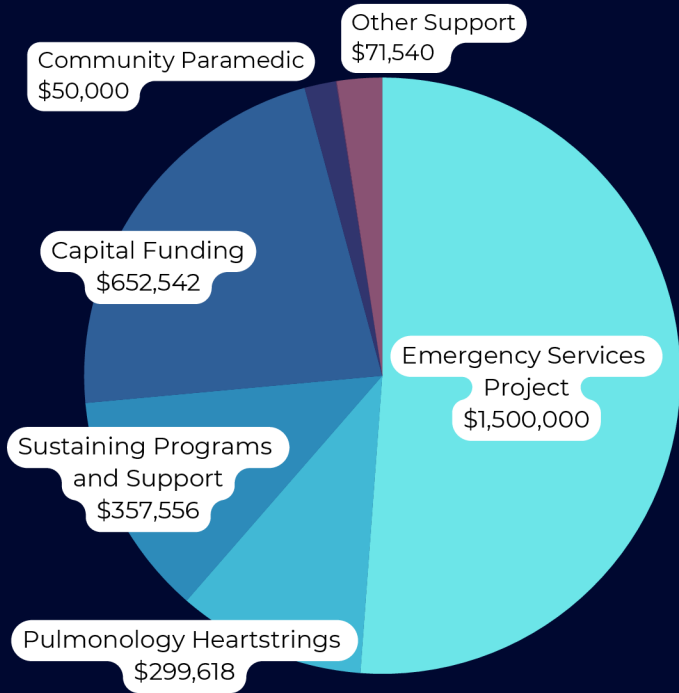
“ A big part of what I do is showing up and being there for people, and being an advocate. It was an eye opener for me once I started this position just how many people don't have that. ”

### Support for Labor & Delivery

**New Sleep Sacks at Island Health**

These sleep sacks will enhance the safety and well-being of newborns, reduce the risk of Sudden Infant Death (SIDS) and encourage healthy sleep habits.

# \$2,931,256 in 2024



## Community Health

- Diabetes and Health Education
- Mental Health in Schools
- Emergency Department Social Worker
- Community Paramedicine Program

## Designated Support

- Postpartum beds, cuddle cot and equipment for Labor & Delivery
- New Furniture for the Emergency Department
- Colonel Richard Iversen Scholarships
- Oncology Patient Relief

## Technology & Equipment

- Pulmonology Equipment (2024 Gala of Hope Heartstrings)
- Urology Support
- Glide Scopes for Anesthesiology
- Stationary Bike for Cardiopulmonary Rehabilitation
- Big Wheel Stretchers for Emergency Department
- MRI-Compatible IV Pump and Safe Wheelchair
- Bassinets and Fetal Monitoring Carts for Labor & Delivery
- Bariatric Reclining Phlebotomy Chair for the Lab
- Colposcope for Primary Care
- High-Low Table for Physical Therapy
- Ultrasound System for Sports & Spine
- Monitors and Cysto Flow Laserscope for Surgical Services
- Sinus Set and Shaver for Surgical Services
- Sci-fi Stridor for Cardiopulmonary Rehabilitation
- Exam Tables for Island Primary Care – 24th Street and M Avenue



Anacortes Soroptimists replaced the phototherapy system in Labor & Delivery



Labor & Delivery received postpartum beds



Mazda of Everett helped us lease a new lab courier vehicle

ISLAND HEALTH  
LABORATORY SERVICES

Powered by MAZDA OF EVERETT and ISLAND HEALTH FOUNDATION

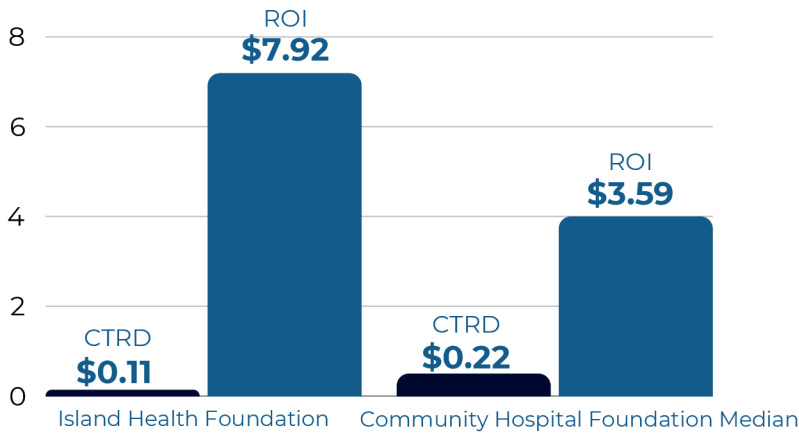


New ultrasound purchased for the Emergency Department



Emergency Services Project complete!

# Lower Cost. Higher Return.



## Stewardship Metrics 2024

- **Cost to Raise a Dollar (CTRD)** measures efficiency. The Foundation spends \$0.11 to raise \$1. This is well below the national average for health organizations of \$0.20 to raise a dollar.
- **Return on Investment (ROI)** measures effectiveness. For every dollar invested in the Foundation operations, almost \$8 is returned to Island Health.

Island Health Foundation ranks in the **top 20%** of community hospitals and has been recognized by the Association for Healthcare Philanthropy with **High Performer Status**.

# On The Horizon

While we celebrate the success of 2024, we acknowledge there are increased needs at Island Health. In 2025, we have big plans on the horizon, including:



Renovation of the 22nd Street "Barto Building" Specialty Clinic



Da Vinci 5 Surgical Robot coming Spring/Summer '25

*Pictured above is a da Vinci Robot with Rhonda Lowry, RN, Director of Surgical Services*



## Colonel Richard Iversen Scholarship

Established in 2018 by lifelong friends, Jerry and Jan Barto, the **Colonel Richard Iversen Scholarship** honors the memory of the late Colonel Richard Iversen, and provides career development opportunities for employees of Island Health. We are excited to announce additional scholarships in 2025.

*Pictured left are the late Colonel Richard Iversen and wife, Jan Iversen (Island Health Commissioner)*

# Our Team



The Island Health Foundation Board and team are dedicated to advancing our mission of enhancing healthcare and wellness in our community. With fresh perspectives, diverse expertise, and a shared commitment to making a difference, this team brings renewed energy and vision to our organization. Together, we look forward to building on our legacy of support for Island Health and fostering impactful connections with our generous donors and partners.

## 2025 Board of Directors



**Daryl Hicks**  
President



**Denis Law**  
Vice President



**Mike Ward**  
Treasurer

“ I can’t think of a better organization to support than IHF, especially with its nexus to Island Health and the larger community it so critically supports. ”



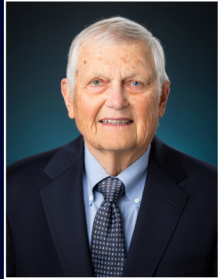
**Vanessa Ryan**  
Secretary



**Elliott Johnson**  
Past President



**Dr. Paul Hammer**



**Dave Bjornson**



**Dave Harris**



**Hillary Haug**

“ This is a vibrant community, made more so by the strong medical care presence. As our population grows, so must our ability to care for it. ”



**Cameron Hunt**



**Brent Lindquist**



**Marla Mellies**



**Sandy Norris**



**Jeremy Price**



**Meridith Stoneman**



**Paul Zawila**

### STAFF



**Marta McClintock**  
Executive Director



**Pearle Peterson**  
Fundraising and Development Coordinator

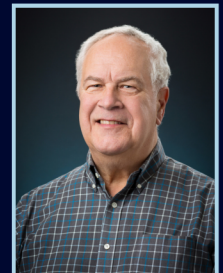


**Mason Cole**  
Operations Coordinator

### Emeritus Members



**Troy Kunz**  
New Emeritus Member



**Bill Rabel**  
New Emeritus Member

### Island Health Leadership

**Elise Cutter, MBA**  
CHIEF EXECUTIVE OFFICER

**Galina Gandy, MBA**  
CHIEF INFORMATION OFFICER



**Jason Hogge, MD**  
CHIEF MEDICAL OFFICER

**Tammy Needham, DNP, BC-NEA**  
CHIEF CLINICAL OFFICER

**Jerry Barto**  
**Duncan Frazier**  
**Dianne Kuhn**

**Deanna Murray**  
**Mary Vallentyne**



ISLAND HEALTH FOUNDATION  
1211 24TH STREET, ANACORTES, WA 98221



Scan Here to  
Donate Now!



# Ways to Get Involved

Let's continue creating a healthy community together.

## Donate Today:

Scan the QR code above or follow the link below to make a donation.

[www.islandhealthfoundation.org/donate](http://www.islandhealthfoundation.org/donate)

## Planned Giving:

Consider leaving a legacy of support by including Island Health Foundation in your will or trust.

## Meet With Us:

Stop by the office or call us at 360.299.4201 to make an appointment.

## Participate in the 2025 Gala:

Become a sponsor, fill a table or make an outright gift to support our "Heartstrings" Raise the Paddle.

# save THE DATE

ISLAND HEALTH FOUNDATION PRESENTS  
THE 22ND ANNUAL GALA OF HOPE  
SATURDAY, APRIL 26, 2025



[islandhealthfoundation.org](http://islandhealthfoundation.org)



[foundation@islandhospital.org](mailto:foundation@islandhospital.org)



360.299.4201